### COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)

Posner, Brent, Lucas, Gould, Stanley, Brown, Fisher, Zelazny, Burke, Oquendo, & Mann  
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#### RISK ASSESSMENT

**Instructions:** Check all risk and protective factors that apply. To be completed following the patient interview, review of medical record(s) and/or consultation with family members and/or other professionals.

<table>
<thead>
<tr>
<th>Past 3 Months</th>
<th>Suicidal and Self-Injurious Behavior</th>
<th>Lifetime</th>
<th>Clinical Status (Recent)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Actual suicide attempt</td>
<td></td>
<td>Hopelessness</td>
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<tr>
<td></td>
<td>Interrupted attempt</td>
<td></td>
<td>Major depressive episode</td>
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<td></td>
<td>Aborted or Self-Interrupted attempt</td>
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<td>Mixed affective episode (e.g. Bipolar)</td>
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<td></td>
<td>Other preparatory acts to kill self</td>
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<td>Command hallucinations to hurt self</td>
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<td></td>
<td>Self-injurious behavior <em>without</em> suicidal intent</td>
<td></td>
<td>Highly impulsive behavior</td>
</tr>
</tbody>
</table>

**Suicidal Ideation**  
Check Most Severe in Past Month

- Wish to be dead
- Suicidal thoughts
- Suicidal thoughts with method (but without specific plan or intent to act)
- Suicidal intent (without specific plan)
- Suicidal intent with specific plan

**Activating Events (Recent)**
- Recent loss(es) or other significant negative event(s) (legal, financial, relationship, etc.)
- Pending incarceration or homelessness
- Current or pending isolation or feeling alone

**Describe:**
- Sexual abuse (lifetime)
- Family history of suicide (lifetime)

**Protective Factors (Recent)**
- Identifies reasons for living
- Responsibility to family or others; living with family
- Supportive social network or family
- Fear of death or dying due to pain and suffering
- Belief that suicide is immoral; high spirituality
- Engaged in work or school

**Describe any suicidal, self-injurious or aggressive behavior (include dates)**