

Ask your inmates Care for your inmates Escort your inmates

See Reverse for Questions that Can Save a Life



| Always cak guartians 1 and 2 | D. at | 0.0 + - |
|---|---------------|------------------|
| Always ask questions 1 and 2. | Past | Month |
| 1) Have you wished you were dead or wished you could go to sleep and not wake up? | | |
| 2) Have you actually had any thoughts about killing yourself? | | |
| If YES to 2, ask questions 3, 4, 5 and 6. If NO to 2, skip to question 6. | | |
| 3) Have you been thinking about how you might do this? | | |
| 4) Have you had these thoughts and had some intention of acting on them? | High Risk | |
| 5) Have you started to work out or worked out the details of how to kill yourself? Did you intend to carry out this plan? | High Risk | |
| Always Ask Question 6 | Life- time | Past 3 Months |
| 6) Have you done anything, started to do anything, or prepared to do anything to end your life? | | High |



Any YES indicates that someone should seek behavioral healthcare.

However, if the answer to 4, 5 or 6 is YES, seek <u>immediate help:</u> go to the ER, call 1-800-273-8255, text 741741 or call 911.

STAY WITH THEM until they can be evaluated.





арр