|  | **Past**  **Month** | | **Lifetime**  **(Worst Point)** | |
| --- | --- | --- | --- | --- |
| **Ask questions that are bolded and underlined.** | **YES** | **NO** | **YES** | **NO** |
| **Ask Questions 1 and 2** | | |  | |
| **1) *Have you wished you were dead or wished you could go to sleep and not wake up?*** |  |  |  |  |
| **2) *Have you actually had any thoughts of killing yourself?*** |  |  |  |  |
| **If YES to 2, ask questions 3, 4, 5, and 6. If NO to 2, go directly to question 6.** | | |  | |
| **3) *Have you been thinking about how you might do this?***  E.g. “*I thought about taking an overdose but I never made a specific plan as to when where or how I would actually do it….and I would never go through with it.*” |  |  |  |  |
| **4) *Have you had these thoughts and had some intention of acting on them?***  As opposed to “*I have the thoughts but I definitely will not do anything about them*.” |  |  |  |  |
| **5) *Have you started to work out or worked out the details of how to kill yourself? Did you intend to carry out this plan?*** |  |  |  |  |

**How long ago did the Worst Point Ideation occur?\_\_\_\_\_\_\_\_\_\_**

|  |  |  |
| --- | --- | --- |
| **6) *Have you ever done anything, started to do anything, or prepared to do anything to end your life?***  Examples: Collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, took out pills but didn’t swallow any, held a gun but changed your mind or it was grabbed from your hand, went to the roof but didn’t jump; or actually took pills, tried to shoot yourself, cut yourself, tried to hang yourself, etc.  **If YES, ask: *Was this within the past three months?*** | **YES** | **NO** |
|  |  |
|  |  |

Low Risk

Moderate Risk

High Risk