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| **COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)**   © 2008 The Research Foundation for Mental Hygiene, Inc.  **RISK ASSESSMENT with C-SSRS HIGH RISK TRIAGE INDICATORS - YOUTH** |

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| **Instructions:** Check all risk and protective factors that apply. To be completed following the patient interview, review of medical record(s) and/or consultation with family members and/or other professionals. | | | | | | |
| **\* Indicators of High Risk from the C-SSRS** | | | | | | |
| **Past 3 Months** | | | **Suicidal Behavior (from C-SSRS)** | **Lifetime** | **Clinical Status** | |
| **\*** | | | Actual suicide attempt |  |  | Hopelessness |
| **\*** | | | Interrupted attempt |  |  | Major depressive episode |
| **\*** | | | Aborted or Self-Interrupted attempt |  |  | Mixed affective episode (e.g. Bipolar) |
| **\*** | | | Other preparatory acts to kill self |  |  | Command hallucinations to hurt self |
| **Suicidal Ideation (from C-SSRS) Check Most Severe** | | | | |  | Highly impulsive behavior, recklessness |
|  | | Wish to be dead (1) | | |  | Substance abuse or dependence, cigarettes |
|  | | Suicidal thoughts (2) | | |  | Agitation or severe anxiety (panic symptoms) |
|  | | Suicidal thoughts with method  (but without specific plan or intent to act) (3) | | |  | Chronic physical pain or other acute medical  problem (e.g. HIV/AIDS, cancer, etc.) |
| **\*** | | Suicidal intent (without specific plan) (4) | | |  | Perceived burden on family or others |
| **\*** | | Suicidal intent with specific plan (5) | | |  | Homicidal ideation, perpetrator of violence |
| **Activating Events** | | | | |  | Aggressive/Disruptive behavior |
|  | Recent loss(es) or other significant negative event(s) (break-up, death, divorce, etc.) | | | |  | History of sexual abuse, physical abuse or dating violence |
| Describe: | | | | |  | Method for suicide available (gun, pills, etc.) |
|  | Exposure to suicide of peer | | | |  | Self-injurious behavior ***without*** suicidal intent |
|  | Disciplinary crisis (incarceration or expulsion) | | | |  | Sleep disturbance |
|  | Victim of bullying, cyberbullying or school violence | | | |  | Eating disorder |
|  | Victim of hate crimes or police brutality | | | |  | Sexually Transmitted Disease |
|  | Truancy or runaway behaviors | | | | **Treatment History** | |
| **Parental/Family Risk Factors** | | | | |  | Not receiving treatment |
|  | Parent with mood disorder symptoms | | | |  | Previous psychiatric diagnoses and treatments |
|  | Parent with legal problems | | | |  | Hopeless or dissatisfied with treatment |
|  | Family history of suicide (lifetime) | | | |  | Non-compliant with treatment |
|  | Poor parent/child attachment/parental rejection | | | |  | Refuses or feels unable to agree to safety plan |
| **Protective Factors** | | | | | | |
|  | Identifies reasons for living | | | |  | Fear of death or dying due to pain and suffering |
|  | Responsibility to others; living with family | | | |  | Belief that suicide is immoral; high spirituality |
|  | Supportive social network or family | | | |  | Engaged in work, school or sports |
|  | High academic achievement | | | |  | Strong minority-group identification |
| **Describe any suicidal, self-injurious or aggressive behavior (include dates):** | | | | | | |