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| **COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)** © 2008 The Research Foundation for Mental Hygiene, Inc.**RISK ASSESSMENT with C-SSRS HIGH RISK TRIAGE INDICATORS - YOUTH** |

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| **Instructions:** Check all risk and protective factors that apply. To be completed following the patient interview, review of medical record(s) and/or consultation with family members and/or other professionals. |
| **\* Indicators of High Risk from the C-SSRS** |
| **Past 3 Months** | **Suicidal Behavior (from C-SSRS)** | **Lifetime** | **Clinical Status** |
| **\***[ ]  | Actual suicide attempt  | [ ]  | [ ]  | Hopelessness |
| **\***[ ]  | Interrupted attempt  | [ ]  | [ ]  | Major depressive episode |
| **\***[ ]  | Aborted or Self-Interrupted attempt  | [ ]  | [ ]  | Mixed affective episode (e.g. Bipolar) |
| **\***[ ]  | Other preparatory acts to kill self  | [ ]  | [ ]  | Command hallucinations to hurt self |
| **Suicidal Ideation (from C-SSRS) Check Most Severe** | [ ]  | Highly impulsive behavior, recklessness |
|  [ ]  | Wish to be dead (1) | [ ]  | Substance abuse or dependence, cigarettes |
|  [ ]  | Suicidal thoughts (2) | [ ]  | Agitation or severe anxiety (panic symptoms) |
|  [ ]  | Suicidal thoughts with method (but without specific plan or intent to act) (3) | [ ]  | Chronic physical pain or other acute medical problem (e.g. HIV/AIDS, cancer, etc.) |
| **\***[ ]  | Suicidal intent (without specific plan) (4) | [ ]  | Perceived burden on family or others |
| **\***[ ]  | Suicidal intent with specific plan (5) | [ ]  | Homicidal ideation, perpetrator of violence  |
| **Activating Events** | [ ]  | Aggressive/Disruptive behavior |
|  [ ]  | Recent loss(es) or other significant negative event(s) (break-up, death, divorce, etc.) | [ ]  | History of sexual abuse, physical abuse or dating violence  |
| Describe: | [ ]  | Method for suicide available (gun, pills, etc.) |
|  [ ]  | Exposure to suicide of peer | [ ]  | Self-injurious behavior ***without*** suicidal intent  |
|  [ ]  | Disciplinary crisis (incarceration or expulsion) | [ ]  | Sleep disturbance |
|  [ ]  | Victim of bullying, cyberbullying or school violence | [ ]  | Eating disorder |
| [ ]  | Victim of hate crimes or police brutality | [ ]  | Sexually Transmitted Disease |
|  [ ]  | Truancy or runaway behaviors | **Treatment History** |
| **Parental/Family Risk Factors** | [ ]  | Not receiving treatment |
|  [ ]  | Parent with mood disorder symptoms | [ ]  | Previous psychiatric diagnoses and treatments |
|  [ ]  | Parent with legal problems | [ ]  | Hopeless or dissatisfied with treatment  |
|  [ ]  | Family history of suicide (lifetime) | [ ]  | Non-compliant with treatment  |
|  [ ]  | Poor parent/child attachment/parental rejection | [ ]  | Refuses or feels unable to agree to safety plan |
| **Protective Factors** |
|  [ ]  | Identifies reasons for living | [ ]  | Fear of death or dying due to pain and suffering |
|  [ ]  | Responsibility to others; living with family | [ ]  | Belief that suicide is immoral; high spirituality |
|  [ ]  | Supportive social network or family | [ ]  | Engaged in work, school or sports |
|  [ ]  | High academic achievement | [ ]  | Strong minority-group identification |
| **Describe any suicidal, self-injurious or aggressive behavior (include dates):** |