|  | **Past****Month** | **Lifetime****(Worst Point)** |
| --- | --- | --- |
| **Ask questions that are bolded and underlined.**  | **YES** | **NO** | **YES** | **NO** |
| **Ask Questions 1 and 2**  |  |
| **1) *Have you wished you were dead or wished you could go to sleep and not wake up?***  |  |  |  |  |
| **2) *Have you actually had any thoughts of killing yourself?***  |  |  |  |  |
| **If YES to 2, ask questions 3, 4, 5, and 6. If NO to 2, go directly to question 6.** |  |
| **3) *Have you been thinking about how you might do this?***E.g. “*I thought about taking an overdose but I never made a specific plan as to when where or how I would actually do it….and I would never go through with it.*”  |  |  |  |  |
| **4) *Have you had these thoughts and had some intention of acting on them?***As opposed to “*I have the thoughts but I definitely will not do anything about them*.”  |  |  |  |  |
| **5) *Have you started to work out or worked out the details of how to kill yourself? Did you intend to carry out this plan?***  |  |  |  |  |

**How long ago did the Worst Point Ideation occur?\_\_\_\_\_\_\_\_\_\_**

|  |  |  |
| --- | --- | --- |
| **6) *Have you ever done anything, started to do anything, or prepared to do anything to end your life?***Examples: Collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, took out pills but didn’t swallow any, held a gun but changed your mind or it was grabbed from your hand, went to the roof but didn’t jump; or actually took pills, tried to shoot yourself, cut yourself, tried to hang yourself, etc.**If YES, ask: *Was this within the past three months?***  | **YES** | **NO** |
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|  |  |

 Low Risk

 Moderate Risk

 High Risk